Assorted Fresh and Canned Fruits Available Daily

Breakfast Prices
Paid: \$1.25
Reduced \$.30
Adult \$1.50

WCSCC Lunch Menu October 2019

Lunch Prices
Paid: \$2.75
Reduced \$.40
Adult \$3.25

Fat Free Chocolate, Strawberry and White Milk

	Pizzd	Wrapped Hot	Homestyle	Specialty Hot	Deli Line
		Sandwiches		Sandwiches	
Mon Sept 30		Available Daily:		Pub Fish Sandwich on a Bun	Available Daily with Whole Grain Sub Bun or
	Cheese Pizza	Hamburgers &	Homestyle Mashed Potato Bowl	w/Cheese, Tomato Slice, Lettuce and	Flatbread:
		Cheeseburgers	Mashed Potatoes, Meatballs,	Tartar Sauce	Turkey, Salami, Pepperoni &w/a Variety of
	Pepperoni Pizza	Chicken Patty	Green Beans topped with Brown		Vegetable toppings, Cheese & Dressings!
		Toppings available at Deli	Gravy / Dinner Roll	Veggie: Savory Seasoned Green Beans	Side Salad:
			Veggie: Candied Carrots	Candied Carrots	Creamy Cole Slaw
Tues Oct 1		Available Daily:	Doritos Extreme Walking Taco	French Dip	Available Daily with Whole Grain Sub Bun or
	Cheese Pizza	Hamburgers &	w/Beef Taco Meat, Shredded	Roast Beef topped with Provolone	Flatbread:
Salad Bar		Cheeseburgers	Cheddar Cheese & Romaine	Cheese served on Sub Bun with a side	Turkey, Salami, Pepperoni &w/a Variety of
	Pepperoni Pizza	Chicken Patty	Ribbons, Salsa & Sour Cream	of Au Jus for Dipping	Vegetable toppings, Cheese & Dressings!
			Veggie: Fiesta Beans	Veggie :Fiesta Beans / Corn	Side Salad:
		Toppings available at Deli	Corn		Home Made Cucumber Salad
Weds Oct 2		Available Daily:	Fish Pito's	All American All Beef Hot Dog w/Chili,	Available Daily with Whole Grain Sub Bun or
	Cheese Pizza	Hamburgers &	Fire Roasted Fish served on Mini	Cheese & Toppings available on the	Flatbread:
	Pepperoni & Bacon	Cheeseburgers	Flat Bread topped with Citrus	Deli	Turkey, Salami, Pepperoni & w/a Variety of
		Chicken Patty	Slaw. Your choice of Sauce	Served with Cheese Bites	Vegetable toppings, Cheese & Dressings!
			Veggie: Roasted Veggies	Veggie :Roasted Veggies	Side Salad:
		Toppings available at Deli	Buttered Limas	Buttered Limas	Potato Salad
Thurs Oct 3		Available Daily:	"Fry Day" on Thursday		Available Daily with Whole Grain Sub Bun or
	Cheese Pizza	Hamburgers &	Chicken Fry w/French Fries &	BBQ Pulled Pork Sandwich topped	Flatbread:
Salad Bar		Cheeseburgers	Funnel Cake Fries Dusted	with Pickles and Cheddar Cheese	Turkey, Salami, Pepperoni & w/a Variety of
	BBQ Chicken	Chicken Patty	w/Powdered Sugar		Vegetable toppings, Cheese & Dressings!
			Veggie: Baked Beans	Veggie: Baked Beans	Side Salad:
		Toppings available at Deli	Steamed Peas	Steamed Peas	Home Made Broccoli Salad
Fri Oct 4	Cheese Pizza	Available Daily:	Lasagna Roll up Topped wtih	Bacon Cheeseburger with your choice	Available Daily with Whole Grain Sub Bun or
		Hamburgers &	Mozz Cheese Served w/Mini	of topping from the Deli	Flatbread:
	Garlic Pizza	Cheeseburgers	Breadstick		Turkey, Salami, Pepperoni &w/a Variety of
		Chicken Patty			Vegetable toppings, Cheese & Dressings!
			Veggie: Parmesan Crusted	Veggie: Parmesan Crusted Zucchini	Side Salad:
		Toppings available at Deli	Zucchini Bites	Bites	Tossed Salad
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	Pizza	Wrapped Hot Sandwiches	Homestyle	Specialty Hot Sandwiches	Deli Line
Mon Oct 7	Cheese Pizza or Pepperoni Pizza	Available Daily: Hamburgers & Cheeseburgers Chicken Patty Toppings available at Deli	Tot and Chicken Nugget Breakfast Bowl Tator Tots, Scrambled Eggs, Chicken Nuggets all topped with Country Gravy Veggie: Butternut Squash Stewed Tomatoes	Western BBQ Burger BBQ Burger topped with Onion Petals & Pepper Jack Cheese Veggie: Butternut Squash Stewed Tomatoes	Available Daily with Whole Grain Sub Bun or Flatbread: Turkey, Salami, Pepperoni w/a Variety of Vegetable toppings, Cheese & Dressings! Side Salad: Home Made Pea Salad
Tues Oct 8 Salad Bar	Cheese Pizza or Veggie Pizza	Hamburgers & Cheeseburgers Chicken Patty Toppings available at Deli	Loaded Baked Potato Baked Potato Topped with your choice of: Chili, BBQ Pork, Bacon, Cheddar Cheese & Sour Cream Veggie: Seasoned Oven Roasted Broccoli	Meatball Sub served on Whole Grain Sub Bun filled with Meatballs & Sauce topped with Mozz Cheese Veggie: Seasoned Oven Roasted Broccoli	Available Daily with Whole Grain Sub Bun or Flatbread: Turkey, Salami, Pepperoni w/a Variety of Vegetable toppings, Cheese & Dressings! Side Salad:
Weds Oct 9	Cheese Pizza or Meat Lovers w/Sausage, Pepperoni & Bacon	Hamburgers & Cheeseburgers Chicken Patty Toppings available at Deli	Red Beets Chicken Fajita Rice Bowl! Served With 2- 6" Tortillas Wrapped in Foil Spanish Rice Veggie: Cowboy Salsa Corn	Red Beets Ham and Cheese Bagel topped with Romaine Lettuce & Tomato Veggie: Cowboy Salsa Corn	Strawberry Spinach Salad Whole Grain Sub Bun or Flatbread Turkey, Salami, Pepperoni w/a Variety of Vegetable toppings, Cheese & Dressings! Side Salad: Home Made Cucumber Onion and Tomato Salad
Thurs Oct 10 Salad Bar	Cheese Pizza or French Bread Pizza	Hamburgers & Cheeseburgers Chicken Patty Toppings available at Deli	Spaghetti w/Meat Sauce served with Whole Grain Garlic Bread Veggie: Seasoned Green Beans California Blend	Italian Sausage served on WG Sub Bun topped with Peppers, Onion and Mozz Cheese Veggie: Seasoned Green Beans California Blend	Whole Grain Sub Bun or Flatbread Turkey, Salami, Pepperoni w/a Variety of Vegetable toppings, Cheese & Dressings! Side Salad: Home Made Broccoli & Cauliflower Salad
Fri Oct 11	Cheese Pizza or Pepperoni	Hamburgers & Cheeseburgers Chicken Patty Toppings available at Deli	Grilled Chicken Strips With Whole Grain Dinner Roll Veggie: Mixed	WCSCC "Big Mac" Burger Burger topped with Cheese, Lettuce, Pickles and Sauce Veggie: Mixed	Available Daily with Whole Grain Sub Bun or Flatbread: Turkey, Salami, Pepperoni w/a Variety of Vegetable toppings, Cheese & Dressings! Side Salad: Fresh Veggie Plate

This Institution is an equal opportunity provider Menu subject to change without notice due to product availability.

Assorted Fresh and Canned Fruits Available Daily

Fat Free Chocolate, Strawberry and White Milk