

Our Outstanding Business Partner for October is Durniat Strength.

Durniat Strength offers performance training, personal training, Zumba and nutritional coaching to help members reach their fitness and strength goals. Their facility is open to members 24 hours a day and is designed to meet the needs of elite athletes and the general public. Many members compete in Strong Man competitions and other athletic events. Durniat Strength has become one of the most recognized gyms in the country for the athletes it produces and the environment it has created.

For over ten years, Andrew Durniat has been involved with the Exercise Science & Sports Medicine program at the Career Center. From hiring our students to allowing access to his facility for regular field stations as well as serving on the advisory committee, Durniat Strength supports the program in every facet.

Instructor Andy Nicholson nominated Durniat Strength saying, “(Andrew) wants to include our students in everything from competitions to personal workouts. He is kind, caring, and really strives to better the community.”

Durniat Strength, which began with Durniat himself hauling equipment from place to place as a personal trainer, is once again open to the public after the pandemic required fitness facilities to close for a time. Trainers Seth Scrimo, Rich Talbott, and Durniat work hard daily to help members with their workouts.

“If we’ve learned anything over the last couple of years, it’s that your personal health should be proactive, not reactive,” said Durniat. “We’re open and here to help people.”

We’d like to thank Durniat Strength for their continued support of our school and programs.

(Attending tonight is trainer Seth Scrimo)